



Doug Rathburn

446

Olympic Triathlon

Gender : Male

Category : M Ages 45 - 49

Status : Finished

City : Bettendorf

State : Iowa

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Finish Time

03:08:39.6

OVERALL	CATEGORY	GENDER
98/157	7/10	71/102

LEGS

	OVERALL	CATEGORY	GENDER	TIME
Swim	83	4	56	00:36:02.9
T1	113	7	70	00:03:48.2
Cycle	81	6	64	01:19:38.9
T2	80	4	53	00:01:52.8
Run	127	10	87	01:07:16.6

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All Splits

Name	Time (Time of Day)	Leg Time	Pos (C/Pos)	G/Pos	Pace
Start	(07:45:01.6)				
Swim	00:36:02.9	00:36:02.9	83 (4)	56	
T1	00:39:51.2	00:03:48.2	113 (7)	70	
Cycle	01:59:30.2	01:19:38.9	81 (6)	64	18.7 m/hr
T2	02:01:23.0	00:01:52.8	80 (4)	53	

Run Lap 1	02:05:14.1	00:03:51.0	101 (8)	75	
Run Lap 2	02:23:56.6	00:22:33.5	113 (10)	78	
Run Lap 3	02:45:50.4	00:44:27.3	125 (10)	86	
Run	03:08:39.6	01:07:16.6	127 (10)	87	10:51 min/m

