

2022 Iowa Indoor Rowing Challenge							Raw Time	Handicap	Final Time	Place
Event #	Time	Event	Erg	Last Name	First Name	Affiliation				
1	9:30 AM	Women's Youth 2k								
			6	Greving	Izzy	University of Iowa Recreational Services	07:23.3		07:23.3	1
			4	Elizalde	Emily	University of Iowa Recreational Services	07:37.7		07:37.7	2
			1	Fincham	Madeline	University of Iowa Recreational Services	07:43.3		07:43.3	3
			3	Owens	Maya	Des Moines Rowing Club	08:14.7		08:14.7	4
			5	Chungath	Ellie	Des Moines Rowing Club	08:23.1		08:23.1	5
			2	Ahrens	Hailey	University of Iowa Recreational Services	08:37.7		08:37.7	6
			7	Mittra	Evelyn	Des Moines Rowing Club	00:00.0		00:00.0	scratch
4/8	9:50 AM	Men's Youth 2k								
			1	Clarke	Liam	University of Iowa Recreational Services	06:37.9		06:37.9	1
			2	Clarke	Brody	University of Iowa Recreational Services	06:57.9		06:57.9	2
			3	Pontius	Andrew	Des Moines Rowing Club	06:58.7		06:58.7	3
			5	Powers	Martin	University of Iowa Recreational Services	07:54.6		07:54.6	4
			4	Hankenson	Levi	Des Moines Rowing Club	08:05.0		08:05.0	5
			7	Partridge	Lee	University of Iowa Recreational Services	00:00.0		00:00.0	scratch
		Men's Youth LTWT 2k	6	Griffin	Landon	University of Iowa Recreational Services	07:57.6		07:57.6	1
3	10:10 AM	Women's Youth LTWT 2k								
			6	Hatch	Ava	University of Iowa Recreational Services	08:32.8		08:32.8	1
			7	Nadeau	Ashley	University of Iowa Recreational Services	08:39.7		08:39.7	2
			5	Morelli	Autumn	University of Iowa Recreational Services	09:01.2		09:01.2	3
			3	Polgreen	Vivian	University of Iowa Recreational Services	09:03.8		09:03.8	4
			4	Marquez	Kim	University of Iowa Recreational Services	09:11.3		09:11.3	5
5/9/10	10:30 AM	Women's Open 2k, Masters 2k, Masters LTWT 2k								
		Women's Open 2k	2	Fraser	Jenna	Refresh Fitness	08:02.5		08:02.5	1
			1	Lupton	Carrie	Refresh Fitness	08:08.5		08:08.5	2
			3	Lister	Emma	University of Iowa Recreational Services	08:58.3	00:00.0	08:58.3	3
		Women's Masters 2k	6	Prineas	Sarah	University of Iowa Recreational Services	08:15.3	00:42.0	07:33.3	1
			4	Miller	Sarah	Hinsdale Community Rowing	08:08.5	00:20.0	07:48.5	2
			5	Hansen	Melanie	University of Iowa Recreational Services	08:30.2	00:31.3	07:58.9	3
		Women's Masters LTWT 2k	8	van der Heide	Dana	University of Iowa Recreational Services	08:36.9	00:01.8	08:35.1	1
			7	Birt	Andrea	University of Iowa Recreational Services	00:00.0	00:31.3		scratch
7	10:50 AM	Men's Open 2k								
			6	Lankton	Ian	St. Cloud State University Crew	06:55.4		06:55.4	1
			2	Sutter	William	St. Cloud State University Crew	07:08.0		07:08.0	2
			1	Estwick	Lance	St. Cloud State University Crew	07:30.6		07:30.6	3
			4	Castro	Austin	St. Cloud State University Crew	07:38.5		07:38.5	4
			5	Miller	Luke	St. Cloud State University Crew	07:45.7		07:45.7	5
			3	Reichow	James	St. Cloud State University Crew	07:49.2		07:49.2	6
11	11:00 AM	Men's Masters 2k								
			1	Knutson	David	The Milwaukee Rowing Club	06:51.7	00:31.3	06:20.4	1
			6	Perez	Andy	Unaffiliated (USA)	06:41.8	00:01.3	06:40.5	2

	5	Kurzawski	Henry	Unaffiliated (USA)	07:49.2	01:08.4	06:40.8	3
	3	Moninger	James	University of Iowa Recreational Services	07:04.7	00:22.0	06:42.7	4
	2	Rathburn	Douglas	Waterloo Rowing Club	07:08.3	00:22.0	06:46.3	5
	7	Dueker	Bob	Unaffiliated (USA)	00:00.0	00:33.8		
	4	Gray	Andrew	Unaffiliated (AFG)	00:00.0	00:04.1		

11:15 AM Break

17 11:30 AM Women's Youth 500 m

	8	Elizalde	Emily	University of Iowa Recreational Services	01:39.9		01:39.9	1
	4	Greving	Izzy	University of Iowa Recreational Services	01:41.3		01:41.3	2
	5	Fincham	Madeline	University of Iowa Recreational Services	01:46.6		01:46.6	3
	6	Hatch	Ava	University of Iowa Recreational Services	01:55.8		01:55.8	4
	3	Willey	Claire	Des Moines Rowing Club	02:02.8		02:02.8	5
	7	Polgreen	Vivian	University of Iowa Recreational Services	02:08.4		02:08.4	6

18 11:45 AM Men's Youth 500 m

	4	Clarke	Liam	University of Iowa Recreational Services	01:27.5		01:27.5	1
	3	Clarke	Brody	University of Iowa Recreational Services	01:35.7		01:35.7	2
	5	Partridge	Leo	University of Iowa Recreational Services	00:00.0		00:00.0	

14 12:00 PM Adaptive - 4 min (I.I.)

					Ave. Pace			
	1	Dircks	Dallas	University of Iowa Recreational Services	02:05.1		02:05.1	1
	6	Curran	Brady	University of Iowa Recreational Services	02:22.5		02:22.5	2
	2	Prineas	Sarah	University of Iowa Recreational Services	02:38.3		02:38.3	3
	4	Chinn	Kelly	University of Iowa Recreational Services	02:45.9		02:45.9	4
	5	Garner	William	University of Iowa Recreational Services	02:50.6		02:50.6	5
	8	Collins	Jillian	University of Iowa Recreational Services	02:54.9		02:54.9	6
	7	Hartnett	Callaghan	University of Iowa Recreational Services	03:07.2		03:07.2	7
	3	Bolander	Matthew	University of Iowa Recreational Services	03:08.9		03:08.9	8

15 12:15 PM Women's Masters 1k

	6	Prineas	Sarah	University of Iowa Recreational Services	04:03.5	00:21.0	03:42.5	1
	2	Lupton	Carrie	Refresh Fitness	03:53.6	00:03.6	03:50.0	2
	3	Fraser	Jenna	Refresh Fitness	03:52.3	00:01.6	03:50.7	3
	5	Hartley	Gloria	University of Iowa Recreational Services	04:08.6	00:01.6	04:07.0	4
	7	van der Heide	Dana	University of Iowa Recreational Services	04:12.4	00:01.8	04:10.6	5
	4	Simon	Stacie	Refresh Fitness	04:35.8	00:09.0	04:26.8	6

16 12:30 PM Men's Masters 1k

	4	Kurzawski	Henry	Unaffiliated (USA)	03:41.3	00:34.2	03:07.1	1
	5	Perez	Andy	Unaffiliated (USA)	03:11.7	00:00.6	03:11.1	2
	3	Wells	David	The Milwaukee Rowing Club	03:38.4	00:19.6	03:18.8	3
	6	Dueker	Bob	Unaffiliated (USA)	03:40.7	00:16.9	03:23.8	4
	7	Gray	Andrew	Unaffiliated (AFG)	00:00.0	00:02.0		

19 12:45 PM Women's Open 500 m

	6	Lupton	Carrie	Refresh Fitness	01:49.0		01:49.0	1
	2	Fraser	Jenna	Refresh Fitness	01:49.9		01:49.9	2

4	Lasack	Kelsey	Refresh Fitness	01:52.8		01:52.8	3
3	Lister	Emma	University of Iowa Recreational Services	01:58.7		01:58.7	4
1	Wainio	Lilie	University of Iowa Recreational Services	02:01.2		02:01.2	5
5	Gao	Brenda	University of Iowa Recreational Services	02:03.0		02:03.0	6

21 12:55 PM Women's Masters 500 m

4	Prineas	Sarah	University of Iowa Recreational Services	01:55.2	00:10.5	01:44.7	1
1	Hansen	Melanie	University of Iowa Recreational Services	01:56.6	00:07.8	01:48.8	2
7	Flickinger	Beth	Refresh Fitness	01:59.7	00:06.1	01:53.6	3
6	McVay	Jen	Refresh Fitness	02:04.0	00:08.4	01:55.6	4
5	van der Heide	Dana	University of Iowa Recreational Services	01:58.2	00:00.4	01:57.8	5
9	Fuhr	Dana	Refresh Fitness	02:03.1	00:05.0	01:58.1	6
3	Hartley	Gloria	University of Iowa Recreational Services	01:59.5	00:00.8	01:58.7	7
2	Steines	Meridith	Refresh Fitness	02:11.0	00:03.6	02:07.4	8
8	Birt	Andrea	University of Iowa Recreational Services	00:00.0	00:07.8		

20/22 1:20 PM Men's Open 500 m/Men's Masters 500 m

Men's Open 500 m		1	Castro	Austin	St. Cloud State University Crew	01:31.4		01:31.4	1
		2	Reichow	James	St. Cloud State University Crew	01:41.7		01:41.7	2
Men's Masters 500m		6	Robinson	Gary	The Milwaukee Rowing Club	01:29.0	00:09.8	01:19.2	1
		3	Kurzawski	Henry	Unaffiliated (USA)	01:39.9	00:17.1	01:22.8	2
		5	Perez	Andy	Unaffiliated (USA)	01:24.2	00:00.3	01:23.9	3
		8	Knutson	David	The Milwaukee Rowing Club	01:32.4	00:07.8	01:24.6	4
		7	Dueker	Bob	Unaffiliated (USA)	01:33.8	00:08.4	01:25.4	5
		4	Wells	David	The Milwaukee Rowing Club	01:41.6	00:09.8	01:31.8	6
			Moninger	James	University of Iowa Recreational Services	00:00.0	00:05.5		
			Gray	Andrew	Unaffiliated (AFG)	00:00.0	00:01.0		

1:30 PM Break

1:45 PM LET THE RELAYS BEGIN!

23 Women's Youth 4 x 500m Relay

1	Owens	Maya	Des Moines Rowing Club	07:43.9		07:43.9	2
	Gretter	Camille	University of Iowa Recreational Services	07:43.9		07:43.9	
	Willey	Claire	Des Moines Rowing Club	07:43.9		07:43.9	
	Chungath	Ellie	Des Moines Rowing Club	07:43.9		07:43.9	
4	Marquez	Kim	University of Iowa Recreational Services	07:37.8		07:37.8	1
	Ahrens	Hailey	University of Iowa Recreational Services	07:37.8		07:37.8	
	Nadeau	Ashley	University of Iowa Recreational Services	07:37.8		07:37.8	
	Morelli	Autumn	University of Iowa Recreational Services	07:37.8		07:37.8	

25 Women's Open 4 x 500 m Relay

1	Lupton	Carrie	Refresh Fitness	07:34.9		07:34.9	1
	Lasack	Kelsey	Refresh Fitness	07:34.9		07:34.9	
	Flickinger	Beth	Refresh Fitness	07:34.9		07:34.9	
	Fraser	Jenna	Refresh Fitness	07:34.9		07:34.9	

	3	van der Heide	Dana	University of Iowa Recreational Services	07:59.4		07:59.4	2	01:59.7
		Hartley	Gloria	University of Iowa Recreational Services	00:00.0		00:00.0		02:01.0
		Wainio	Lilie	University of Iowa Recreational Services	00:00.0		00:00.0		02:00.7
		Lister	Emma	University of Iowa Recreational Services	00:00.0		00:00.0		01:58.0
									07:59.4
27	Women's Masters 4 x 500 m Relay								
		race w. Women's Open 4 x 500m							
	5	McVay	Jen	Refresh Fitness	08:34.0	00:07.8	08:26.2	1	
		Steines	Meridith	Refresh Fitness	00:00.0		00:00.0		
		Simon	Stacie	Refresh Fitness	00:00.0		00:00.0		
		Fuhr	Dana	Refresh Fitness	00:00.0		00:00.0		
26	Men's Open 4 x 500 m Relay								
		race w. Mixed Masters 4 x 500m							
	1	Lankton	Ian	St. Cloud State University Crew	00:00.0	00:00.0	06:18.4	1	01:36.9
		Estwick	Lance	St. Cloud State University Crew	00:00.0	00:00.0	00:00.0		01:35.4
		Sutter	William	St. Cloud State University Crew	00:00.0	00:00.0	00:00.0		01:32.2
		Miller	Luke	St. Cloud State University Crew	00:00.0	00:00.0	00:00.0		01:33.9
									06:18.4
29	Mixed Masters 4 x 500 m Relay								
	3	Martin	Ben	Refresh Fitness	06:54.1	00:07.8	06:46.3	1	
		Fraser	Jenna	Refresh Fitness					
		Martin	Bree	Refresh Fitness					
		Schultz	Scott	Refresh Fitness					
	5	Moninger	JP	University of Iowa Recreational Services	00:00.0	00:05.5			
		Clarke	Liam	University of Iowa Recreational Services	00:00.0	00:00.0			
		Prineas	Sarah	University of Iowa Recreational Services	00:00.0	00:10.5			
		Hansen	Melanie	University of Iowa Recreational Services	00:00.0	00:07.8			
30	Mixed Youth 4 x 500 m Relay								
	1	Clarke	Brody	University of Iowa Recreational Services	06:52.2	00:00.0	06:52.2	1	
		Elizalde	Emily	University of Iowa Recreational Services	00:00.0	00:00.0	00:00.0		
		Greving	Izzy	University of Iowa Recreational Services	00:00.0	00:00.0	00:00.0		
		Griffin	Landon	University of Iowa Recreational Services	00:00.0	00:00.0	00:00.0		
	4	Clarke	Liam	University of Iowa Recreational Services	07:11.0	00:00.0	07:11.0	2	
		Powers	Martin	University of Iowa Recreational Services	00:00.0	00:00.0	00:00.0		
		Finchum	Maddy	University of Iowa Recreational Services	00:00.0	00:00.0	00:00.0		
		Hatch	Ava	University of Iowa Recreational Services	00:00.0	00:00.0	00:00.0		